

## Live Well, Age Well in 2016



**Amy Natt**  
President & CEO

Happy 2016! We hope you will share in our “Best Year Best You” philosophy as we embrace this new year. We look forward to supporting you, your family and clients in navigating all things aging. Since 1999, Aging Outreach Services (AOS) has been enabling older adults to age the way they choose. Our “Age with Success” motto over the years has enabled many of the clients we serve to “Live Well, Age Well.”

We encourage you to start your new year off right and have those important conversations with your family members and professional advisors. Be sure everyone is aware of your current wishes and who you have selected to be your voice in a crisis. If you need help getting your affairs in order, please give us a call. Caring for others is what we do best!

AOS Care Management is a team of Aging Life Care™ Managers with over 100 years of combined experience.

We navigate and help you implement your plans every step of the way.

AOS At Home Care and CaregiverNC offer access to private-duty caregiver services. We are the only accredited caregiver registry in North Carolina, which means we meet the highest standards in private-duty care. The hundreds of caregivers we represent have a variety of skills that can meet your ever-changing needs.

Our newest accomplishment is the development of AOS & Friends Care, a non-profit 501(c)(3) foundation. It was created to provide support for the direct care needs of financially qualified individuals and to provide community education and awareness on dementia and other disabilities. Your tax deductible financial support of AOS & Friends Care will enable the foundation to provide support to older and disabled adults.

Together, we can create a plan to make your new year bright!

—Amy Natt

## Introducing AOS & Friends Care

We are pleased to announce the creation of a non-profit foundation designed to provide support to older and disabled adults as they navigate the challenges of aging; AOS & Friends Care.

AOS & Friends Care is a concept that formed as Amy Natt worked with John Barrett, a family advocate. They wanted to fill an identified need in the community and provide support to older and disabled adults, their caregivers and the greater community at large as they navigate the challenges of aging.

The foundation’s guiding motto is in honor of John’s wife, Mary Anne, who, even after she was diagnosed with early onset Alzheimer’s Disease, continued to apply her lifelong mantra by asking “What can I do to help?”

Your tax-deductible financial support will enable this new foundation to provide support for the direct care needs of financially qualified individuals and to provide

community education and awareness on dementia and other disabilities.

If you would like to contribute, mail your donation to:

AOS & Friends Care  
PO Box 2478  
Southern Pines, NC 28388

The AOS & Friends Care board members include: Mia Lorenz, Lorenz and Creed Law Firm; John Barrett, Family Advocate; Amy Natt, Aging Outreach Services; Samantha Smith, BB&T; and Karen D. Sullivan, Pinehurst Neuropsychology.

For more information, email [aosfcare@gmail.com](mailto:aosfcare@gmail.com).



[info@aosnc.com](mailto:info@aosnc.com)

910.692.0683

[www.AOSNC.com](http://www.AOSNC.com)

**Call us today. We can help!**  
**910.692.0683**



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## Introducing



**CaregiverNC**  
NC's Only Accredited Caregiver Registry

**AOS** has been in the business of screening and credentialing private-duty caregivers for 17 years. As the aging population in North Carolina grows, we wanted to make these services available in a more accessible way. Consumers looking for private-duty care need a safe platform to connect with caregivers. AOS has launched CaregiverNC—a statewide, Web-based platform for care seekers in search of private-duty caregivers.

CaregiverNC is part of a larger family of services offered through AOS that provides consumers with options for identifying and meeting their immediate and long-term care needs. Caregivers and Care Seekers may create an online profile on CaregiverNC.com. The database then matches them and provides an opportunity to connect with each other. Visit [www.CaregiverNC.com](http://www.CaregiverNC.com) to learn more.

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